

What's the Difference? Gingivitis vs Periodontitis

GUM DISEASE

The Canadian Dental Association reports that 7 out of 10 people will develop periodontal disease in their life and an estimated 20 per cent of Canadians have active periodontal disease and do not know it.

Periodontal disease is more commonly known as gum disease. There are several different forms of it. Some are more serious than others, but it is important to be able to identify the symptoms. Gum disease can easily be misdiagnosed, especially by people who don't know what the signs are.

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Gingivitis and periodontitis are two forms of gum disease that are related. Each has its own set of symptoms, consequences and treatment options. Below, we're exploring the difference between gingivitis vs periodontitis. You will be able to identify each disease and learn what to do about them.

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What's the Difference? Gingivitis vs Periodontitis *continued*

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Gingivitis vs Periodontitis: Symptoms and Causes

Gingivitis is sometimes mistaken for periodontitis and vice versa. They are both stages of periodontal disease. But they are distinct things, so it's important to be able to tell which might be affecting you.

Gingivitis is the earliest stage of periodontal disease, and it can develop into periodontitis if it's not treated. If you are paying close attention to your oral hygiene routine and your overall mouth health, you should be able to spot some of the symptoms early on.

Symptoms of Gingivitis

Gingivitis causes changes to your gums. Healthy gums are pale pink, firm and fitted tightly around your teeth. Gums infected with gingivitis are usually swollen or puffy. They may change from pale pink to dusky or dark red.

Gingivitis gums also tend to bleed easily when you brush your teeth and could be tender. They may also begin to pull away from your teeth. Finally, one of the most noticeable symptoms of gingivitis is bad breath that leaves an unpleasant taste in your mouth.

Symptoms of Periodontitis

When gum diseases advances to the stage of periodontitis, the symptoms become even more painful and harder to ignore.

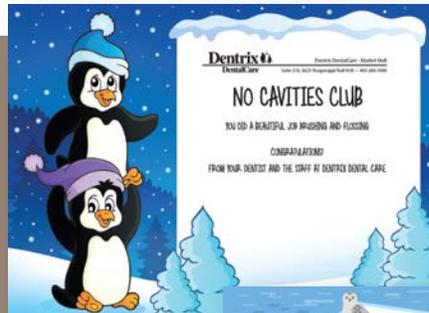
Like with gingivitis, gums will be swollen and are likely to bleed easily. But when you reach this stage of periodontal disease, things have advanced even further.

Read the rest of the article at:

<https://dentrixdentalcare.com/gingivitis-vs-periodontitis/>

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