

## When Should You Replace Metal with Composite Fillings?

### Understanding The Benefits Of Composite Fillings

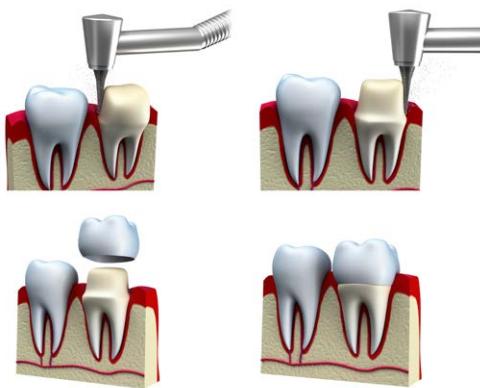
Composite fillings have been on the rise since around 1995. For a relatively new development in mainstream dental practices, composite fillings have quickly risen in popularity for a number of reasons.

First and foremost, patients appreciate composites for the improvement of their dental appearance. Composites blend in with your teeth and is a drastic difference from the stark contrast of metal ones.

Composite fillings have many other advantages as well. Not only do they provide natural looking, well-blended fixes, but composites do not contain mercury, actively strengthen the tooth, and require less removal of the tooth during placement.

Because composites actually create a chemical bond to the structure of the tooth, they provide support and strength that no other filling option can.

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### Did you know...



#### Biking, Skateboarding, & Baseball

These three activities are responsible for many tooth injuries. By practicing safety rules, your children can decrease the chance of tooth injuries & trauma.

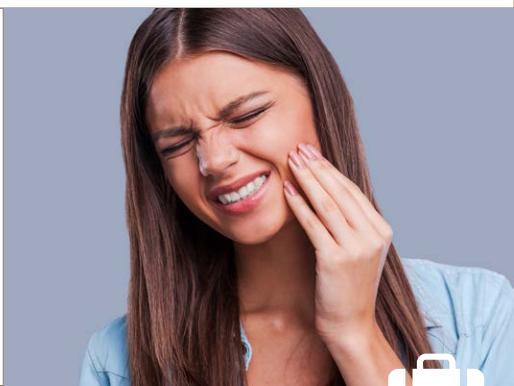


## Dental Crowns

If your tooth is damaged but not lost, a crown can be used to restore its shape, appearance and function. A Dental Crown, also called a cap, is a hollow, artificial tooth used to cover a damaged or decayed one. The crown restores the tooth and protects it from further damage, and can be used to cover a discoloured or misshapen tooth – all while retaining the look and functionality of a natural tooth.

#### Details:

[https://dentrixdentalcare.com/dental-crown](http://dentrixdentalcare.com/dental-crown)



## Dental Emergencies

If you have a broken tooth, a possible infection, or an excruciatingly painful toothache, you don't want to have to wait for an appointment. At Dentrix DentalCare, we're available as soon as you need us. We can resolve your emergency dental problems before they get worse.

Contact us at 403-288-5500 for our Market Mall location or 403-289-9908 for our North Hill location. We will get you in to see an emergency dentist as soon as possible!

## Refer a Friend

Do you know someone who can use our services? We always welcome new patients. Whether it is a friend, family member or colleague, we will make sure we provide them with the same professional treatment you expect from Dentrix DentalCare. Refer new patients to: <http://dentrixdentalcare.com/new-patients/>

## Sign Up for Our Newsletter

Sign up for our monthly newsletter and receive new PDF newsletters (exactly like this newsletter) containing tips to keep your smile sparkling. Sign up at: <http://www.dentrixdentalcare.com/newsletter/>

## When Should You Replace Metal with Composite Fillings? *continued*

We know from research that metal fillings do nothing to strengthen the teeth whatsoever. Thus, a metal filling essentially acts as a wedge. When you bite down on a metal filling, the force is transmitted to what remains of your tooth's structure, which can and often does result in cracking, breaking, or chipping of the tooth.

### Reasons To Replace Your Existing Fillings

Replacing your metal fillings for composites for aesthetic purposes is one thing, but sometimes your metal fillings need updating anyway.

Fractured teeth are a common issue amongst patients with amalgam fillings. Even small amalgam fillings can lead to fractures all around the teeth.

This is because of the amount of tooth that is removed to make room for an adequate restructuring of amalgam. Composite fillings allow your dentist to be more conservative with the amount of sacrificed tooth, and the bonding actually makes the tooth stronger.

All fillings get old at some point or another and will need to be replaced. Fillings can become loose as they age and allow bacteria to invade a tooth and introduce new decay into the tooth. If your metal fillings are getting old, it might just be the perfect time to replace them with tooth-colored composite fillings.

Since amalgam fillings are not bonded to the structure of the tooth, they can, over time lead to leakage. This happens from saliva, food, and bacteria creeping down into the margins of the filling and into the tooth, causing further decay.

For more information on Composite Fillings, go to  
<https://dentrixdentalcare.com/replace-metal-with-composite-fillings/>



### Fun Stuff for Kids

Every month we have fun stuff including brushing charts, brushing games, colouring sheets and certificates to help children succeed with their daily brushing routine. You can download these at:  
<http://dentrixdentalcare.com/category/fun-stuff/>

