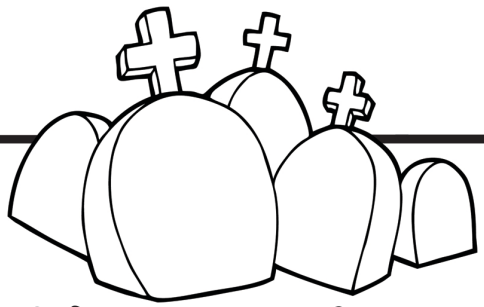
MY BRUSHING CHART

OCTOBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						AM 1 PM
AM 2 PM	AM 3 PM	AM 4 PM	AM 5 PM	AM 6 PM	AM 7 PM	AM 8 PM
AM 9 PM	AM 10 PM	AM 11 PM	AM 12 PM	AM 13 PM	AM 14 PM	AM 15 PM
AM 16 PM	AM 17 PM	AM 18 PM	AM 19 PM	AM 20 PM	AM 21 PM	AM 22 PM
AM 23 PM	AM 24 PM	AM 25 PM	AM 26 PM	AM 27 PM	AM 28 PM	AM 29 PM
AM 30 PM	AM 31 PM					



I BRUSH MY TEETH 2 TIMES A DAY!

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