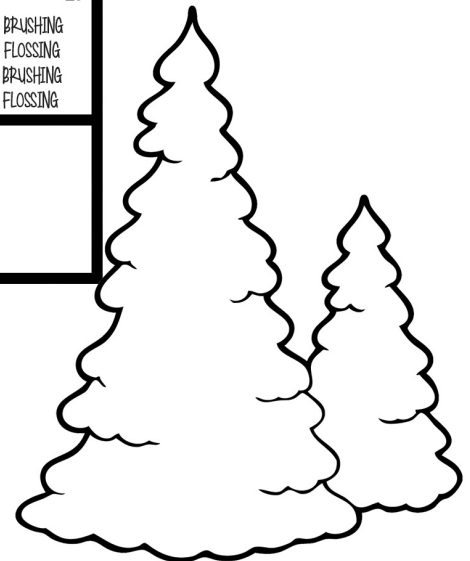


MY BRUSHING CHART

NOVEMBER 2017



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|--|
| | | | 1 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 2 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 3 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 4 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING |
| 5 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 6 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 7 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 8 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 9 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 10 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 11 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING |
| 12 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 13 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 14 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 15 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 16 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 17 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 18 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING |
| 19 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 20 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 21 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 22 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 23 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 24 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 25 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING |
| 26 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 27 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 28 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 29 <input type="checkbox"/> AM BRUSHING <input type="checkbox"/> AM FLOSSING <input type="checkbox"/> PM BRUSHING <input type="checkbox"/> PM FLOSSING | 30 | | |



I BRUSH & FLOSS MY TEETH 2 TIMES A DAY!